



## Crown And Bridge Post-Op Instructions

**Congratulations!** You have just received the finest dental restoration that advanced technology dentistry has to offer. Your new restoration has replaced a portion of the tooth that has been damaged over time. With proper care it should provide years and years of service, as though your tooth were virtually re-enamelled.

**Sensitivity:** Mild to moderate sensitivity to hot or cold food or drink is expected following placement of any bonded dental restoration.

Typically, this sensitivity gradually diminishes over a period of few weeks.

A very small percentage of bonded restorations display sensitivity that persists for longer periods of time.

If sensitivity continues for more than six weeks, please inform us, as it could be a sign that your tooth has nerve damage and may require further treatment to alleviate the problem.

Your gums may also be sore for a few days. Warm salt water rinses (a teaspoon of salt in a cup of warm water) three times a day will reduce pain and swelling. A mild pain medication (one tablet of Tylenol or Ibuprofen every 3-4 hours) should ease any residual discomfort.

**Preventive Procedures:** Keep your teeth and gums healthy by brushing and flossing regularly, especially at bedtime.





CALL OUR OFFICE (905) 646-0104 WITH ANY QUESTIONS

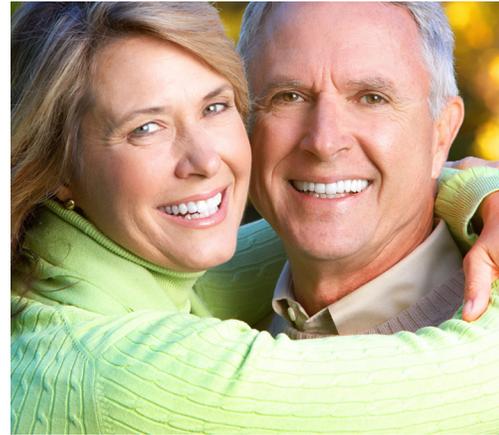
**Chewing:** Avoid chewing hard foods for 24 hours, to allow the bonding to achieve its maximum strength. Aggressive chewing on such things as peanuts should be avoided for two weeks.

**Your Bite:** It is not unusual for your bite to be off-balance after a ceramic restoration is placed. We adjusted the bite immediately after placing it; however the numb feeling often does not allow for proper refinement of the bite at the time of service. Please

contact our office to schedule for a swift adjustment if needed.

**Hygiene Visits:** To maintain your restoration, visit us for your routine hygiene visits. Often, small problems that can develop around the restorations can be corrected, if found early.

You have one of the finest dental restorations available in dentistry today. *Continued care and routine dental check-ups will ensure years of fine service.*



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